



# Your Guide to Becoming an Independent Support Worker

*Get paid for supporting your community*



# What is Staying in Place?

Staying in Place is an innovative community approach to aged care, making it possible for seniors in rural and regional areas to live independently in their own home, and their own community.

The Staying in Place model draws on 'locals supporting locals' by partnering with an approved aged care provider, InCasa Country, online workforce platform, Mable, and local coordinator, Dumbleyung Community Resource Centre.

The Centre is proud to partner with InCasa Country and Mable to increase the number of jobs available to locals in the Dumbleyung community

## Become and Independent Support Worker

- **Are you looking for work in the Dumbleyung region?**
- **Do you want to use your skills to help others?**
- **Do you want to set your own rates and work times?**

We are looking for workers who have skills and experience in a variety of work types, industries and interests.

### **Daily living, social and community activities**

Indoor: Domestic assistance with dishes, changing bed linens, vacuuming, mopping

Outdoor: Domestic assistance with lawns, leaves, pruning, or handyman

Social: Social outings to partake in hobbies, shopping, transport for medical appointments

### **Personal Care, Nursing and Allied Health**

Personal Care: showering, hoist and transfer and assistance with medication

Nursing: onboarding assessments, wound care, medication and catheter care

Allied Health: Occupational therapy, physiotherapy

Sign up to the online platform Mable as an independent support worker and match with clients who need the services you are able to provide.

## Who is ?

Aged Care and Community Services

InCasa is a registered provider of in-home care for seniors.

InCasa Country enables aged care services to be provided in Dumbleyung, partnering local care coordination teams that support seniors to remain living in their own home, independently.

InCasa Aged Care & Community Services is able to oversee home care package arrangements that provide seniors with support across a range of daily and domestic tasks, such as personal care, domestic assistance, meal assistance, transport services, social support, home maintenance, transition care and respite care.

### How it works

- InCasa works directly with the Dumbleyung Community Resource Centre and Mable

## Who is mable ?

Mable is an online platform that directly connects seniors with independent support workers.

Mable is the place where you will find jobs posted, offer your services, create agreements with clients, submit timesheets and coordinates weekly payments.

### How it works

As an Independent Support Worker on Mable, you will:

- Work as a sole trader, embracing the flexibility of being your own boss
- Choose who you work with, when you work and the rates you charge
- Make meaningful connections, allowing you to deliver the best support possible
- Be covered by insurance including public liability, personal accident and professional indemnity
- Gain access to free education with opportunities to participate in accredited training
- Earn more per hour through the online platform, with Mable contractors receiving the agreed rate, less 10%

### What else do I need to know?

- You will need an ABN to sign up as a Mable worker. This is a simple online process through [www.abr.gov.au](http://www.abr.gov.au)

# Getting Started Is Easy

1. Contact the Dumbleyung Community Resource Centre to speak to the Program Coordinator on
  - a. phone: 0459 932 616
  - b. email: [admin@dumbleyungcrc.com](mailto:admin@dumbleyungcrc.com)
  - c. in person: 28 Absolon Street, Dumbleyung
2. To get started head to [www.mable.com.au](http://www.mable.com.au) to set up your online account. Please note you will need the following:
  - a. An ABN
  - b. Two personal or professional references
  - c. National Police Check (speak to Dumbleyung CRC to get free code)
  - d. Various forms of ID
3. Once your account is active, you will be able to access the jobs board, where you can select which those which interest you
4. You set your own rates, and available times. Payments are made weekly once you submit your timesheets online

## Your Local Coordinator

Is Jodi Thompson

### Contact Details

Phone: 0459 932 616

Email: [admin@dumbleyungcrc.com](mailto:admin@dumbleyungcrc.com)

In person: 28 Absolon Street  
Dumbleyung WA 6350

*"Drop into the CRC  
Monday to Thursday to  
chat about how your  
skills can translate into  
paid work supporting  
your community"*